

Time management for university students



As a university student only part of your week and year will be formally timetabled. You will find that you are responsible for organising most of your time, including your study time. This can be challenging.

The challenges:

- Many demands on your time—study, jobs, social life, personal interests, shopping, eating, travel, day to day living, family, etc.
- Competing deadlines—several assignments with either the same or near hand-in date
- Spending many hours in independent study and online, both of which can be time consuming



The strategies:

- Evaluate how you use your time currently
- Decide how you want to use it
- Organise your time so that you feel in control